

# MARCH 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> <b>CREATIVE</b> 1-1 Cornish Craft for St Piran's Day	<b>2</b> <b>PHYSICAL</b> 1-1 Armchair Exercises	<b>3</b> <b>COGNITIVE</b> 1-1 St Piran's Day Quiz / Cornish Music	<b>4</b> <b>EDIBLES</b> 1-1 St Piran's Baking - Cornish Fairings	<b>5</b> <b>YOU TUBE</b> 1-1 Cornish Wonders	<b>6</b> <b>MUSIC</b> 1-1 Sing-Song!	<b>7</b> <b>FAMILIES</b> 1-1 Friendly Faces
<b>8</b> 1-1 Activity Hub	<b>9</b> 1-1 Exercise Around The World - Wales	<b>10</b> 1-1 International Women's Day	<b>11</b> 1-1 Welsh Cheesecakes	<b>12</b> 1-1 Activity Hub	<b>13</b> 1-1 Rivermead Orchestra!	<b>14</b> 1-1 Easter Cards for Families
<b>15</b> 1-1 St Patrick's Day Craft	<b>16</b> 1-1 Balloon Volleyball	<b>17</b> 1-1 St Patrick's Day History & Myths	<b>18</b> 1-1 Irish Shortbread	<b>19</b> 1-1 Around The World: Ireland	<b>20</b> 1-1 Rock n' Roll	<b>21</b> 1-1 Family Connections
<b>22</b> Spring Equinox Flowers	<b>23</b> 1-1 Get Moving	<b>24</b> 1-1 March Trivia The Not Forgotten: Best Seat In The House, 2	<b>25</b> 1-1 Scones	<b>26</b> 1-1 History	<b>27</b> 1-1 Concert Performance	<b>28</b> 1-1 Family Connections
<b>29</b> 1-1 Easter Craft	<b>30</b> 1-1 Exercise	<b>31</b> 1-1 Residents' Meeting		<b>WEEKDAYS:</b> <b>1ST: 11AM-12PM</b> <b>2ND: 1.30PM-3.30PM</b>	<b>WEEKENDS:</b> <b>1ST: 12-1PM</b> <b>2ND: 1.30-3.30PM</b>	<b>ALL ACTIVITIES SUBJECT TO CHANGE!</b>