



## WEEK 4 MENU



	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>LUNCH OPTION 1</b>	Cod in Parsley Sauce with Mash & Peas	Chicken Casserole & Vegetables	Beef Stew & Dumplings	Cottage Pie with Carrots & Green Vegetables	Battered Fish & Chips with Peas	Liver & Bacon with Onions	Roast Turkey Dinner
<b>LUNCH OPTION 2</b>	Sausage, Mash & Vegetables	Salmon with Saute' Potatoes & Peas	Chicken & Ham Pie with Vegetables	Pasty & Vegetables	Egg & Chips with Beans	Cornish Brunch	Vegetable Hotpot
<b>DESSERT</b>	Apple Crumble & Custard  Raspberry Blancmange	Eves Pudding  Bananas & Custard	Bakewell Tart & Custard  Crème Caramel	Apple Cinnamon Crumble with Custard  Fruit Fool	Eaton Mess  Rice Pudding	Treacle Tart  Cheese & Crackers	Rhubarb & Strawberry Crumble with Custard
<b>SUPPER OPTION 1</b>	Fish Pie with Peas	Jacket Potato with Cheese & Coleslaw	Haddock & Leek Bake	Bubble & Squeak	Hungarian Goulash with Vegetables	Scampi, Chips & Peas	High Tea
<b>SUPPER OPTION 2</b>	Soup & Roll	Poached Eggs on Toast	Quiche Selection with Beans or Salad	Bacon Rolls	Omelette Choice	Beef Burger Onion Bap	
<b>DESSERT</b>	Raspberry Tart & Custard  Lemon Posset & Shortbread	Summer Fruit Pie & Custard  Jelly & Ice Cream	Chocolate Brownie with Sauce & Cream  Banana Mousse	Cheesecake  Victoria Sponge	Raspberry Mess  Fresh Fruit Salad	Lemon Sponge & Custard  Fruit Cake	