

September

WORLD ALZHEIMERS MONTH

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Am. Relaxation-reading/ watching Tv Pm. Colouring	Labour day *2 Am. Puzzles Pm. Skittles	*3 Am. Making cakes Pm. Decorating cakes	National wildlife day *4 Am. 1:1 session Pm. Crafts	*5 Am. Childhood memories 1:30-2pm New Touch	National read a book day *6 Am. 1:1 session Pm. Bingo	7 Old Movies and snacks
National Grandparents day 8 Am. Relaxation-reading/ watching Tv Pm. Watch songs of praise	9 Am. Colouring Pm. Crosswords/puzzles	*10 Am. Colouring Pm. Crosswords/puzzles	National day of service and remembrance *11 Am. Pamper morning Pm. Dominos/ card games	*12 Am. Music memories Pm. Making winter bird feeders	*13 Am. Scone making Pm. Afternoon cream tea & birthday cake	*14 Am. Painting/ gardening Pm. Dancercise
15 Am. Relaxation-Reading/ colouring Pm. Watching films	*16 Am. Childhood memories Pm. Salt dough crafting	International patient safety day *17 Am. Skittles Pm. Painting salt dough	*18 Am. 1:1 session Pm. Board games	*19 Am. Music & movement Pm. Dancercise	*20 Am. 1:1 session Pm. Magnetic darts	21 Old Movies and snacks
Falls prevention awareness day 22 Am. Relaxation-reading/ watching Tv Pm. Walk around the garden looking at plants	23 Am. Crosswords/ puzzles Pm. Colouring	*24 Am. 1:1 session Pm. Dancercise	Heritage day *25 Am. Music memories Pm. Crafts	National family day *26 Am. Pamper morning 2pm TALONS animal encounters	FUNTASTIC FRIDAY *27 Am. Scone making Pm. Afternoon cream tea and birthday cake	Macmillan bake off *28 Am. Painting/ gardening Pm. Dancercise
29 Am. Relaxation-reading/ colouring Pm. Watch songs of praise	*30 Am. Music & movement Pm. Bingo		You can contact me on days marked with a * anytime between 9-3 Tara			